



January 2012



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Happy New Year!	2 Dojo Open for Regular Classes Self Defense	3 Kata	4 MIX-N-MATCH GI DAY Bag Work/ Strikes	5 Sparring	6	7 9:30am TKD 10:30 Spar
8	9 2012 TEAM ELITE Meeting 6:30PM Kicks/ Strikes	10 1-Steps	11 Kata	12 Sparring	13	14 9:30am TKD 10:30 Spar
15	16 Kata	17 Blocks	18 Self Defense	19 Evals during regular class time Sparring	20	21 Black Belt Test 10:00AM No TKD Class
22	23 1-Steps	24 Point Sparring Seminar 6:30-8:00 No 6:30pm TKD Kata	25 Kicks/Strikes	26 Spar	27 BELT TEST PREP White -Purple 4:30pm Green- Brown 5:30pm	28 FREE 8:30am Zumba Class 9:30am TKD 10:30 Spar
29	30 Bag Work/ Blocks	31 Self-Defense	1 Kata	2 Sparring	3 All Rank Belt Test 6:00PM	4 Breaking Seminar All Ages 10:30am-12:30pm 9:30am TKD No Spar

HAPPY NEW YEAR!!!