



Kristi Shawky



USBA/WBA
United States and World Breaking Associations

**Official
Sanctioned Event**

****A.O.K. "A" Rated**
Triple Points Awarded**

**Presents
The 1st North Region Tournament of the
2011 AOK Season**

****United States Breaking Association****

The 11th Annual Texas Karate Heatwave February 26, 2011



**New HUGE
Location!!**

Bob Knight Field House

1700 S Main Street, Duncanville, TX 75137

Spacious Gymnasium with Bleacher Seating and Upstairs Viewing Area

Convenient Parking

Coach Knight's Café Featuring Papa John's Pizza

BLAZIN' Competition in 2011!

2010 Golden Greek Winners
Compete FREE!!

Online Registration

Open to all
Martial Arts Styles!!

www.TexasFamilyKarate.com

Phone (972) 296-9225

Fax (972) 296-9183

Special Heatwave Features

- ⇒ All AOK State Divisions and More!!
- ⇒ Demo Kata Division - Every Competitor Wins a Trophy
- ⇒ Girls Teen Sparring Split - 14 & 15yrs / 16 & 17yrs
- ⇒ Separate Junior Black Belt Divisions for Ages 10 & Up
- ⇒ Separate Girls Sparring for Ages 6 & Up
- ⇒ 45 Yrs+ Black Belt Master's Kata Division (M/W)
- ⇒ 45 Yrs+ Black Belt Master's Men Sparring Division
- ⇒ 42 Yrs+ Black Belt Master's Women's Sparring Division
- ⇒ Traditional Adult Black Belt Kata Division Split Men & Women
- ⇒ Traditional Junior Black Belt Kata Divisions—No AOK Points
- ⇒ Breaking Divisions-No AOK Points

Awards

- ⇒ Beautiful Trophies for 1st, 2nd, and two 3rd places.
- ⇒ Competition Awards for Jr. Competitors 13 & Under
- ⇒ Adult Black Belt Grand Champion Men Kata
- ⇒ Adult Black Belt Grand Champion Women Kata
- ⇒ Adult Black Belt Grand Champion Men Sparring
- ⇒ Adult Black Belt Grand Champion Women Sparring
- ⇒ Most Supportive School!!

Online Registration

www.TexasFamilyKarate.com

For Additional Information

Contact: Kristi Shawky at (972) 296-9225 or
dalekristisaka@yahoo.com

Schedule of Events

8:00 AM - 10:00 AM: Door Registration

8:45 AM: Rules Meeting (A.O.K. Rules)

9:00 AM: National Anthem & Opening Procedures

9:15 AM: Team, Adult & Junior Black Belt Specialty, Adult & Junior Specialty, & Demo Kata Division (D0 Only)

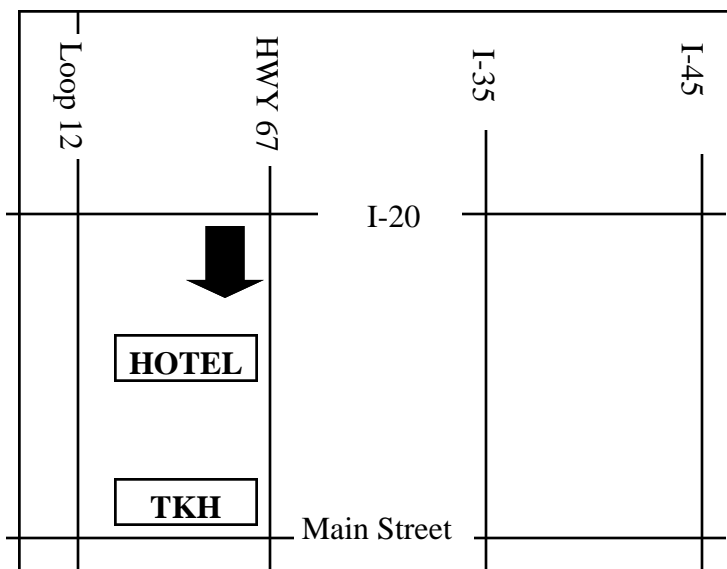
All other divisions will start immediately following Specialty.

Tournament Location

Bob Knight's Field House
1700 S. Main Street
Duncanville, TX 75137

Heatwave Hotel Location—Mention Texas Karate Heatwave

Holiday Inn Express & Suites
1035 Hwy 67 E
Duncanville, Texas 75137
972-298-8000



From I-20 - Exit HWY 67 South. Exit Main Street.
The Field House is right off of HWY 67 at Main Street.

The instructors, students, and families of Dale Kristi's American Karate Academy would like to thank you in advance for your participation in the Texas Karate Heatwave and your support of the AOK . We have worked hard preparing for an exceptional day of competition with the anticipation of providing a well organized, entertaining event for the entire family. Our goal is to host a fun, safe competition by providing a positive and rewarding atmosphere accompanied with fair and extraordinary judging and an overall spirit of cooperation. Thank you again for your support and for helping us make this the best Heatwave ever.

God Bless,
Aly and Kristi Shawky

Divisions

M/W = Men and Women together

Demo Division

(D0) – Open to Beg. Juniors ONLY.

Everyone Wins a 2' Trophy.

Pre-registered Competitors ONLY

Demo division does not count toward State Finals. No AOK points awarded.

Forms Divisions

(H1) Physically Challenged

(F0) 5 & Under Beg.

(F1) 5 & Under Int. / Adv.

(F2) 6-7 Beg.

(F3) 6-7 Int.

(F4) 6-7 Adv. / Black Belt

(F5) 8-9 Beg.

(F6) 8-9 Int.

(F7) 8-9 Adv. / Black Belt

(F8) 10-11 Beg.

(F9) 10-11 Int.

(F10) 10-11 Adv.

(F11) 10-11 Black Belt

(F12) 12-13 Beg.

(F13) 12-13 Int.

(F14) 12-13 Adv.

(F15) 12-13 Black Belt

(F16) 14-15 Beg.

(F17) 14-15 Int.

(F18) 14-15 Adv.

(F19) 14-15 Black Belt

(F20) 16-17 Beg.

(F21) 16-17 Int.

(F22) 16-17 Adv.

(F23) 16-17 Black Belt

(F24) Women 18-31 Beg.

(F25) Women 18-31 Int.

(F26) Women 18-31 Adv.

(F27) Women 32+ Beg.

(F28) Women 32+ Int.

(F29) Women 32+ Adv.

(F30) Men 18-34 Beg.

(F31) Men 18-34 Int.

(F32) Men 18-34 Adv.

(F33) Men 35+ Beg.

(F34) Men 35+ Int.

(F35) Men 35+ Adv.

(F36) Black Belt Women 18-31

(F37) Black Belt Women 32-44

(F38) Black Belt Men 18-34

(F39) Black Belt Men 35-44

(F40) Black Belt Masters 45+ (M/W)

(F41) Black Belt Soft Style 18+ (M/W)

(F42) Black Belt Self-Defense 18+

(F43a) Black Belt Traditional Forms - Men

(F43b) Black Belt Traditional Forms - Women

Sparring Divisions

(S0) 5 & Under Beg (Boys/Girls)

(S1) 5 & Under Int/Adv (Boys/Girls)

(S2) 6-7 Beg. Girls

(S3) 6-7 Int. Girls

(S4) 6-7 Adv. / Black Belt Girls

(S5) 8-9 Beg. Girls

(S6) 8-9 Int. Girls

(S7) 8-9 Adv. / Black Belt Girls

(S8) 10-11 Beg. Girls

(S9) 10-11 Int. Girls

(S10) 10-11 Adv. Girls

(S11) 10-11 Black Belt Girls

(S12) 12-13 Beg. Girls

(S13) 12-13 Int. Girls

(S14) 12-13 Adv. Girls

(S15) 12-13 Black Belt Girls

(S16a) 14-15 Beg. Girls

(S16b) 16-17 Beg. Girls

(S17a) 14-15 yrs. Int. Girls

(S17b) 16-17 Int. Girls

(S18a) 14-15 yrs. Adv. Girls

(S18b) 16-17 Adv. Girls

(S19a) 14-15 Black Belt Girls

(S19b) 16-17 Black Belt Girls

(S20) 6-7 Beg. Boys

(S21) 6-7 Int. Boys

(S22) 6-7 Adv. / Black Belt Boys

(S23) 8-9 Beg. Boys

(S24) 8-9 Int. Boys

(S25) 8-9 Adv. / Black Belt Boys

(S26) 10-11 Beg. Boys

(S27) 10-11 Int. Boys

(S28) 10-11 Adv. Boys

(S29) 10-11 Black Belt Boys

(S30) 12-13 Beg. Boys

(S31) 12-13 Int. Boys

(S32) 12-13 Adv. Boys

(S33) 12-13 Black Belt Boys

(S34) 14-15 Beg. Boys

(S35) 14-15 Int. Boys

(S36) 14-15 Adv. Boys

(S37) 14-15 Black Belt Boys

(S38) 16-17 Beg. Boys

(S39) 16-17 Int. Boys

(S40) 16-17 Adv. Boys

(S41) 16-17 Black Belt Boys

(S42) Women 18-31 Beg.

(S43) Women 18-31 Int.

(S44) Women 18-31 Adv.

(S45) Women 32+ Beg.

(S46) Women 32+ Int.

(S47) Women 32+ Adv.

(S48) Men 18-34 Beg / Lt. (185-)

(S49) Men 18-34 Beg / Hvy. (186+)

(S50) Men 18-34 Int. / Lt. (185-)

(S51) Men 18-34 Int. / Hvy. (186+)

(S52) Men 18-34 Adv / Lt. (185-)

(S53) Men 18-34 Adv / Hvy. (186+)

(S54) Men 35+ Beg.

(S55) Men 35+ Int.

(S56) Men 35+ Adv.

(S57) Black Belt Women 18-31 Fly (134-)

(S58) Black Belt Women 18-31 Light (135+)

(S59a) Black Belt Women Executive 32-41

(S59b) Black Belt Women Masters 42+

(S60) Black Belt Men 18-34 Light (160-)

(S61) Black Belt Men 18-34 Middle (161-185)

(S62) Black Belt Men 18-34 Heavy (186+)

(S63) Black Belt Men Exec 35-44 Light (185-)

(S64) Black Belt Men Exec 35-44 Heavy (186+)

(S65) Black Belt Men Masters 45+

Specialty, Weapons, & Team Forms

(M0a) Junior Black Belt Traditional Forms

11 & Under—No AOK Points

(M0b) Junior Black Belt Traditional Forms

12-17—No AOK Points

(M1) Beg. Specialty 11 & Under

(M2) Int. Specialty 11 & Under

(M3) Adv. Specialty 11 & Under

(M4) Black Belt Specialty 11 & Under

(M5) Beg. Specialty 12-17

(M6) Int. Specialty 12-17

(M7) Adv. Specialty 12-17

(M8) Black Belt Specialty 12-17

(M9) Adult Amateur Specialty 18+

(M10) Black Belt Specialty (M/W)

(M11) Black Belt Weapons (No Music) (M/W)

(M12) Black Belt Executive Specialty (M/W)

(M13) Junior Team Forms 17- (All Ranks)

(M14) Adult Team Forms 18+ (All Ranks)

Team Kata — Minimum 2 competitors. All team members must compete in appropriate age divisions.

Please circle the divisions entered.

NOTE: Rank Codes

Beg. = White, Gold, Orange

Int. = Purple, Green, Blue

Adv. = Brown, Red

Please note on the registration form if your ranking system is different.

BREAKING DIVISIONS—These divisions do not count toward State Finals. No AOK points

(B0) FIRST TIME BREAKERS—All Ranks—Each breaker will get 2 boards. EVERYONE WILL WIN A 1st or 2nd PLACE AWARD!!!

(B1) 6-9 yrs — All Ranks—Power Wood Hand

(B2) 6-9 yrs — All Ranks— Power Wood Foot

(B3) 10-13 yrs- All Ranks—Power Wood Hand

(B4) 10-13 yrs- All Ranks—Power Wood Foot

(B5) 14-17 Girls-All Ranks-Power Wood Hand

(B6) 14-17 Girls-All Ranks-Power Wood Foot

(B7) 14-17 Boys-All Ranks-Power Wood Hand

(B8) 14-17 Boys-All Ranks-Power Wood Foot

White—Brown Belts

B9) 18+ Women—Power Wood Hand

(B10) 18+ Women—Concrete Elbow

(B11) 18+ Women—Concrete Foot

(B12) 18+ Men—Power Wood Hand

(B13) 18+ Men—Concrete Elbow

(B14) 18+ Men—Concrete Foot

(B15) Black Belt Women—Power Wood Hand

(B16) Black Belt Women—Concrete Elbow

(B17) Black Belt Women—Concrete Foot

(B18) Black Belt Men—Power Wood Hand

(B19) Black Belt Men—Concrete Elbow

(B20) Black Belt Men—Concrete Foot

3 Ways to Register

No checks the day of
the Tournament.

1) Mail Check AKA
Payable to: 215 W. Camp Wisdom Road, Suite #12
Duncanville, TX 75116
Must be postmarked by February 21, 2011

No Switching Competitors.

No Refunds.

2) Fax Registration In & Call With Credit Card Information
Fax: (972) 296-9183 Phone: (972) 296-9225
Save money by registering by February 24, 2011



3) Online Registration: www.TexasFamilyKarate.com
Credit Card Payments Through PayPal *Online Registration Ends February 24th

Registration Form:

Name: _____ Phone: _____

Address: _____ City/State/Zip: _____

Email: _____ Rank: _____

D.O.B.: _____ Age: _____ Sex: _____ Height: _____ Weight: _____

Dojo Name: _____ Dojo Phone: _____

(Students from same dojo should list the same Instructor) Instructor Name: _____

Divisions Competing In: **(Please write the division codes for the events you are registering for)**

1 _____ 2 _____ 3 _____ 4 _____ 5 _____

Pre-Registration Savings Ends		2/24	Registration		2/25 & 2/26
1 or 2 events <i>(Demo Kata can be combined with reg. kata or sparring)</i>	\$40.00	\$	1 or 2 events	\$50.00	\$
Extra Events	\$5.00 ea.	\$	Extra Events	\$10.00 ea	\$
Demo Kata Only	\$25.00	\$	N/A		N/A
Spectator Fee (Age 4 and under FREE)	\$5.00 ea.	\$	Spectator Fee	\$10.00 ea	\$
TOTAL		\$	TOTAL		\$

BREAKING DIVISIONS—Pre-Registration ONLY!!		Ends 2/24
1st Time Breaker (Includes 2 Boards)	\$30.00	
1 event (Must Purchase Boards/Bricks)	\$25.00	\$
Extra Events (Must Purchase Boards/Bricks)	\$10.00 ea.	\$
Boards & Bricks	\$2.50/piece	\$
TOTAL		\$

ALL PARTICIPANTS AND ADULT GUARDIANS MUST READ AND SIGN BEFORE COMPETING:

We reserve the right to refuse registration and/or admittance to anyone for any reason at our discretion.

Required Equipment:

Soft foam type sparring equipment and mouthpiece are mandatory in all sparring divisions. Male competitors must wear groin protectors. Regulation karate/kung fu uniforms must be worn, with sleeves reaching the elbows. No sharp bladed or loose fitted weapons are allowed. Equipment will be available for purchase the day of the event.

Liability Waiver

I, the undersigned, do hereby voluntarily submit my application for participation in the said martial arts tournament and hereby assume full responsibility for any and all damages, injuries, or losses that I may sustain while attending or participating, and I waive all claims for/against the promoters, operators, or sponsors of the said martial arts event. I fully understand that I am entering such a competition at my own risk and that any medical treatment given to me will be of the first aid type only. I declare that I am free of any physical defects or illness which might prohibit competition. If under 18, this release and consent to be signed by parent or guardian, I further agree to abide by the rules of the tournament and the final decisions of the officials. I certify that the information above is correct and accurate to the best of my knowledge

Competitor Signature: _____ Date: _____

(By signing this document the competitor understands and agrees to all terms and conditions above and inside the document.)

Parent Signature (If under 18): _____ Date: _____

(By signing this document the parent of the minor competitor understands and agrees to all terms and conditions above and inside the document.)